

# Pre-Certification List

## Mending Health

Pre-certification, also known as Prior Authorization, is a determination of medical necessity only, and does not involve matters of claim payment, eligibility, coverage, and the type and/or availability of benefits. Pre-Certification for Inpatient and Outpatient procedures that could be considered Experimental/Investigational is required. Prior Notification is a similar process, however approval is not required prior to services being rendered. The submission process is the same as pre-certification.

### All Inpatient Admissions

- Pre-Certification for the following:
  - Acute
  - Long-Term Acute Care
  - Rehabilitation
  - Mental Health/ Substance Use Disorder
  - Transplant
  - Skilled Nursing Facility
  - Residential Treatment Facility
  - Obstetric - Prior Notification only (Pre-Certification only required if days exceed Federal mandate)

### Outpatient and Physician – Surgery

- Prior Notification for the following:
  - Biopsies (excluding skin)
  - Vascular Access Devices for the Infusion of Chemotherapy (e.g. PICC and Central Lines)
  - Thyroidectomy, Partial or Complete
  - Open Prostatectomy
  - Creation and Revision of Arteriovenous Fistula (AV Fistula) or Vessel to Vessel Cannula for Dialysis
  - Oophorectomy, unilateral and bilateral
- Pre-Certification for the following:
  - Osteochondral Allograft, knee
  - Hysterectomy (including prophylactic)
  - Infertility
  - Autologous chondrocyte implantation, Carticel
  - Transplant (excluding cornea)
  - Balloon sinuplasty
  - Sleep apnea related surgeries, limited to:
    - Radiofrequency ablation (Coblation, Somnoplasty)
    - Uvulopalatopharyngoplasty (UPPP) (including laser-assisted procedures)
  - Potentially Cosmetic Procedures, including but not limited to:

- Abdominoplasty
- Blepharoplasty
- Cervicoplasty (neck lift)
- Facial skin lesions (Photo therapy, laser therapy - excluding MOHS)
- Hernia repair, abdominal and incisional (only when associated with a cosmetic procedure)
- IDET (thermal intradiscal procedures)
- Liposuction/lipectomy
- Mammoplasty, augmentation and reduction (including removal of implant)
- Mastectomy (including gynecomastia and prophylactic)
- Morbid obesity procedures
- Orthognathic procedures (e.g. Genioplasty, LeFort osteotomy, Mandibular ORIF, TMJ)
- Otoplasty
- Panniculectomy
- Rhinoplasty
- Rhytidectomy
- Scar revisions
- Septoplasty
- Varicose vein surgery/sclerotherapy
- Eyelid repair and reconstruction (ptosis, ectropion, entropion, lid retraction, lagophthalmos, full-thickness reconstruction)
- Brow and canthus repair
- Facial bone augmentation and reduction (mandible, malar, forehead, orbital)
- TMJ procedures (arthroplasty and arthroscopy)
- Varicose vein ablation (endovenous thermal, laser, mechanochemical, chemical adhesive — varicose veins only, excluding spider veins)
- Sclerotherapy (foam and liquid — varicose veins only, excluding spider veins)
- Photodynamic therapy and photochemotherapy for skin lesions
- Laser treatment for inflammatory skin disease
- Breast reconstruction (post-mastectomy only — flap and implant-based, revisions, capsule procedures)
- Morbid obesity procedures (all surgical approaches and revisions — bypass, restrictive, revisional)
- Spinal Procedures
  - Spinal arthrodesis (all techniques and levels — cervical, thoracic, lumbar, sacral, craniocervical)
  - Sacroiliac joint fusion (open, percutaneous, minimally invasive)
  - Spinal deformity correction; kyphectomy
  - Laminectomy and laminotomy (all indications — stenosis, spondylolisthesis, tethered cord, AVM, intraspinal lesions/neoplasms)
  - Laminoplasty; discectomy (anterior, percutaneous, endoscopic)
  - Vertebral corpectomy (all approaches)
  - Total disc arthroplasty (cervical and lumbar, including revision and removal)
  - Spinal osteotomy (all approaches and levels)
  - Vertebroplasty and kyphoplasty
  - Facet joint arthroplasty and intrafacet implants
  - Spinal instrumentation removal or reinsertion

- Intradiscal procedures (IDET, radiofrequency nucleus pulposus decompression)
  - Sacral augmentation/sacroplasty
  - Partial or complete excision of vertebral body or posterior vertebral components for intrinsic bony lesions
- Arthroplasty
  - Joint replacement procedures — shoulder, elbow, wrist, finger, hip, knee, ankle arthroplasty (primary and revision); all approaches

## Outpatient and Physician – Diagnostic Services

- Prior Notification for the following:
  - CT for orthopedic
- Pre-Certification for the following:
  - PET
  - Capsule endoscopy
  - Genetic Testing (including BRCA)
  - Sleep Study
  - CT for non-orthopedic
  - MRI
  - MRA
  - CTA

## Outpatient and Physician – Continuing Care Services

- Prior Notification for the following:
  - Dialysis
  - Transplant Evaluation (excluding cornea)
- Pre-Certification for the following:
  - Chemotherapy (including oral)
  - Radiation Therapy
  - Oncology and transplant related injections, infusions and treatments (e.g. CAR-T, endocrine and immunotherapy), excluding supportive drugs (e.g. antiemetic and antihistamine)
  - Hyperbaric Oxygen
  - Home Health Care
  - Durable Medical Equipment
    - All power wheelchairs (Groups 1–5, all weight classifications and configurations)
    - Power-operated vehicles/scooters (Groups 1–2, all weight classifications)
    - Pneumatic compressors and compression devices (all home models, including segmental and non-segmental)
    - Intermittent limb compression devices

## Specialty Pharmacy Program

- Pre-Certification for specialty medications is reviewed by SmithRx, Mending's Pharmacy Benefits Manager. Please visit [www.mending.com](http://www.mending.com) or call Member Services at 1-877-522-5151 for SmithRx's contact information and administrative procedures with Us. Their direct phone number is also listed on the back of Your ID card.
- Special Pharmacy Advocacy

- Pre-Certification for the following is available under Special Pharmacy Advocacy and no Utilization Management Outpatient
  - All medications processed through the medical benefit which cost \$2,000 or more per drug per month (excluding acute oncology or transplant treatments). When requested, this program can support Pre-Certification of medications processed through the PBM.