

# Schedule of Benefits

Mending Health • Standard Bronze AIAN LCS • Oklahoma  
58944OK0010007-03

## Overview

The Schedule of Benefits (SOB) is a summary of benefit limits and Cost-Sharing amounts You must pay for certain Covered Benefits. However, it is intended to help you compare covered benefits and is a summary only. Please see Your Evidence of Coverage or reach out to customer service at 1-877-522-5151 for additional coverage details.

This is a HMO network Plan where it is highly encouraged to establish a relationship with a singular, traditional Primary Care Provider (PCP). As a reminder, Direct Primary Care providers (DPCs) are not covered under this policy. You have access to both the “Mending Health Oklahoma HCH Network”. This Network includes providers and facilities throughout the state of Oklahoma. However, there are hospitals, health care facilities, physicians or other health care providers that are not included in this Plan’s Network. All services and supplies must be provided by a Mending Network Provider, unless:

- The services are for Emergency Care, ambulance services related to an Emergency for transportation to a Hospital, or Urgent Care services received at an Urgent Care Center; or
- Are authorized by Mending.

## Prior Authorization

Coverage for certain benefits requires Prior Authorization. If you do not receive Prior Authorization when required, payment for care may be denied. To verify Prior Authorization requirements, call Customer Service at 1-877-522-5151, or refer to the Prior Authorization List at [mendinghealth.com](https://mendinghealth.com).

| Plan Year 2026                   |                                        |
|----------------------------------|----------------------------------------|
| In-Network Deductible            | \$7,500 Individual<br>\$15,000 Family  |
| In-Network Maximum Out of Pocket | \$10,000 Individual<br>\$20,000 Family |

## Medical Benefits

| Service                                                                                                                                                                                                                                                                                                                              | In-Network Cost-Share                 | Limits/Explanations                                                                                                                                                        |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Primary Care Office Visit</b>                                                                                                                                                                                                                                                                                                     | \$50 Copay not subject to deductible  |                                                                                                                                                                            |
| <b>Specialist Office Visit</b>                                                                                                                                                                                                                                                                                                       | \$100 Copay not subject to deductible |                                                                                                                                                                            |
| <b>Preventive Care Visits</b><br>Including, but not limited to,<br>Routine Annual Physical Exam,<br>Immunizations, Well-Baby Care,<br>Well-Child Care, Cancer<br>Screening Mammography,<br>Prostate Cancer Screening Exam,<br>Colorectal Cancer Screening<br>Exam, Ovarian and Cervical<br>Cancer Screening Exam, Prenatal<br>Visits | Covered in full                       | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay.                      |
| <b>Allergy Testing, Serum, and Injections</b>                                                                                                                                                                                                                                                                                        | \$100 Copay not subject to deductible |                                                                                                                                                                            |
| <b>Routine Labs and Diagnostic Testing</b>                                                                                                                                                                                                                                                                                           | 50% Coinsurance subject to deductible |                                                                                                                                                                            |
| <b>Diagnostic Imaging</b><br>Includes X-rays, Ultrasound, Echo                                                                                                                                                                                                                                                                       | 50% Coinsurance subject to deductible |                                                                                                                                                                            |
| <b>Advanced Imaging and Radiology</b><br>Includes CT Scans, MRI, PET<br>Scans                                                                                                                                                                                                                                                        | 50% Coinsurance subject to deductible | Preauthorization may be required                                                                                                                                           |
| <b>Chiropractic Care</b>                                                                                                                                                                                                                                                                                                             | \$50 Copay not subject to deductible  | 30 visits per Benefit Period. Limit is combined with Speech Therapy, Occupational Therapy, Physical Therapy, and Muscle Manipulations.                                     |
| <b>Outpatient Procedure</b> (Including Facility charges)                                                                                                                                                                                                                                                                             | 50% Coinsurance subject to deductible | Preauthorization may be required                                                                                                                                           |
| <b>Outpatient Physician Services</b>                                                                                                                                                                                                                                                                                                 | 50% Coinsurance subject to deductible | Preauthorization may be required                                                                                                                                           |
| <b>Emergency Care</b>                                                                                                                                                                                                                                                                                                                | 50% Coinsurance subject to deductible | Non-Network Emergency Room and Ambulance services are covered at the In-Network cost-sharing amount if the services are for an emergency condition as defined in your Plan |
| <b>Ambulance Transportation</b>                                                                                                                                                                                                                                                                                                      | 50% Coinsurance subject to deductible |                                                                                                                                                                            |
| <b>Urgent Care</b>                                                                                                                                                                                                                                                                                                                   | \$75 Copay not subject to deductible  | When temporarily out of the Service Area, Non-Network Urgent                                                                                                               |

|                                                                                                               |                                       |                                                                                                                                                                                                                                 |
|---------------------------------------------------------------------------------------------------------------|---------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                               |                                       | Care services are covered and the In-Network cost-sharing amount                                                                                                                                                                |
| <b>Inpatient Care</b> (Including Facility and Physician charges)                                              | 50% Coinsurance subject to deductible | This Inpatient Care benefit also includes mental health and substance use disorder benefits. Preauthorization Required                                                                                                          |
| <b>Skilled Nursing Facility</b>                                                                               | 50% Coinsurance subject to deductible | Limited to 30 days per Plan Year. Preauthorization Required                                                                                                                                                                     |
| <b>Outpatient Mental Health Care, Serious Mental Illness, and Chemical Dependency</b>                         | \$50 Copay not subject to deductible  |                                                                                                                                                                                                                                 |
| <b>Maternity Care</b><br>Childbirth/Delivery Professional Services                                            | 50% Coinsurance subject to deductible | Cost sharing does not apply for preventive services. Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere (i.e., ultrasound) |
| <b>Outpatient Rehabilitation Services</b><br>Physical Therapy, Occupational Therapy, Speech Therapy           | \$50 Copay not subject to deductible  | Limited to 30 Visits per Benefit Period, combined. Visit limits do not apply to the treatment of Autism Spectrum Disorder                                                                                                       |
| <b>Habilitation Services</b><br>Physical Therapy, Occupational Therapy, Speech Therapy                        | \$50 Copay not subject to deductible  |                                                                                                                                                                                                                                 |
| <b>Home Health Care</b>                                                                                       | 50% Coinsurance subject to deductible | Limited to 30 visits per Plan Year. Preauthorization required                                                                                                                                                                   |
| <b>Hospice Care</b>                                                                                           | 50% Coinsurance subject to deductible |                                                                                                                                                                                                                                 |
| <b>Durable Medical Equipment (DME)</b>                                                                        | 50% Coinsurance subject to deductible | Preauthorization may be required                                                                                                                                                                                                |
| <b>Diabetes Management</b><br>Diabetes Self-Management Training, Diabetes Education, Diabetes Care Management | Covered in full                       |                                                                                                                                                                                                                                 |
| <b>Diabetes Equipment and Supplies</b>                                                                        | 50% Coinsurance subject to deductible |                                                                                                                                                                                                                                 |
| <b>Hearing Aids and Cochlear Implants</b>                                                                     | 50% Coinsurance subject to deductible | 1 hearing aid per ear every 48 months                                                                                                                                                                                           |
| <b>Pediatric Vision</b>                                                                                       | Covered in full                       | Covered up to age 19 for 1 check up and 1 prescribed lenses and frames per Benefit Period                                                                                                                                       |

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| <b>All Other Covered Medical Benefits</b> (Not specified herein) | 50% Coinsurance subject to deductible | Preauthorization may be required |
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## Pharmacy Benefits

|                                                                           | In-Network Cost-Share                | Limits/Explanations                                                                                                                                                                          |
|---------------------------------------------------------------------------|--------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Retail Pharmacy (30 Day Supply)</b>                                    |                                      |                                                                                                                                                                                              |
| <b>Tier 1</b><br>Generic Drugs                                            | \$25 Copay not subject to deductible | Up to 30-day supply Retail and up to 90-day supply Retail & Mail Order, except narcotics and Specialty Drugs. Insulin will not exceed \$30 for a 30-day supply and \$90 for a 90-day supply. |
| <b>Tier 2</b><br>Preferred Brand Name Drugs                               | \$50 Copay subject to deductible     |                                                                                                                                                                                              |
| <b>Tier 3</b><br>Non-Preferred Drugs                                      | \$100 Copay subject to deductible    |                                                                                                                                                                                              |
| <b>Tier 4</b><br>Specialty Pharmacy Drugs and Oral Anticancer Medications | \$500 Copay subject to deductible    | No 90-day supply available for Maintenance Drugs or Mail Order. Preauthorization may be required                                                                                             |

Eligible American Indians are exempt from Cost-Sharing requirements when Covered Services are rendered by an Indian Health Service, Indian Tribe, Tribal Organization or Urban Indian Organization, or through Referral under contract health services.

You may contact the Oklahoma Insurance Department to obtain information on companies, coverage, rights or complaints at 405-521-2828 or <https://www.oid.ok.gov/>. You may write the Oklahoma Insurance Department at: 400 NE 50th Street Oklahoma City, OK 73105.