
FOR INDIVIDUALS, FAMILIES, AND SMALL BUSINESSES

Spend less & get more from your *health insurance*.

You'll love our low cost, low deductible health insurance plans.

We've got you covered from Day 1

- ✓ \$0 Primary care
- ✓ \$0 Mental health
- ✓ Low specialist copays
- ✓ Low deductibles
- ✓ Low drug copays
- ✓ Access to top hospitals
- ✓ All preventative covered
- ✓ Free, exclusive access
to Direct Primary Care



“I initially chose Taro for myself, *and now all of my employees have it too.* We love all the hospitals and doctors we can choose from.”

Small Business Owner
South Portland, ME



“I love *partnering with Taro.* I’m a PCP in the network, and I also use Taro to insure myself, my family, and my employees.”

In-Network Doctor
Falmouth, ME



“I have a closer and better relationship with my doctor, and that’s helping me manage my diabetes. *This has definitely been better for my health.*”

Taro Member
Brunswick, ME



TARO MEMBERS LOVE US

Hear from our members

We take pride in keeping our community healthy. Hear directly from our members on the impact we play in their lives.

tarohealth.com/maine





Covered and trusted by *all* of Maine's top healthcare providers.

You can access thousands of providers, facilities, and hospitals such as:



View our full list of in-network doctors and facilities at network.tarohealth.com.

NATIONAL COVERAGE

Use our large nationwide emergency network.

If you're traveling and need care, you can use telemedicine with your local providers, or use our nationwide emergency network at hospitals and urgent care providers across the country.



100,000+
PROVIDERS



4,000+
HOSPITALS



75,000+
PHARMACIES

HOW WE'RE DIFFERENT

We offer the only plans with unlimited \$0 visits to your primary care doctor.

While traditional health insurance plans only help when you are sick, Taro plans provide unlimited primary care access and coverage to help you get healthy, and keep you that way!

You've got options and flexibility!

Dr. Lisa Lucas, In-Network DPC

You can easily switch PCPs mid-year, and you can also choose different PCPs within your family.

① JOIN A DIRECT PRIMARY CARE (DPC) DOCTOR

DPC is a growing model of primary care where you get all-access membership to a concierge-like doctor in your community. With a Taro Health plan, you can join a DPC practice for \$0!

② KEEP YOUR CURRENT PCP

Love your current doctor? Perfect, no worries! All in-network PCPs are also \$0 in our Direct Primary Care plans.

We also offer the only plans with \$0 visits to mental health providers.

IN-PERSON ACCESS

Get in-person care from a wide network of local therapists and psychiatrists, including independent providers who specialize in a range of behavioral and talk therapy.

24/7 ONLINE ACCESS

Browse 10,000+ therapists and psychiatrists nationwide on the Teladoc platform. You can see the same provider every time, or select a new provider for urgent needs.



Pick a plan you'll love!

We offer plans at a variety of price points and coverage levels to help meet your needs. Compare our plans at a glance:

	TARO DIRECT PRIMARY CARE For better access and lower costs			TARO CLEAR CHOICE For a more traditional plan		
	BRONZE	SILVER	GOLD	BRONZE	SILVER	GOLD
Premium	\$ \$ \$	\$ \$ \$	\$ \$ \$	\$ \$ \$	\$ \$ \$	\$ \$ \$
Deductible	\$4,150	\$1,900	\$0	\$9,200	\$4,200	\$2,500
Primary Care	\$0 All in-network PCPs, including DPCs	\$0 All in-network PCPs, including DPCs	\$0 All in-network PCPs, including DPCs	\$50	\$40	\$20
Mental + Behavioral Health	\$0	\$0	\$0	\$50	\$40	\$20
Specialists	\$150 or less	\$75 or less	\$35 or less	\$80	\$60	\$50
PT/OT/ST	\$75 or less	\$50 or less	\$30 or less	\$50	\$40	\$30
Generic Drugs	\$25 or less	\$25 or less	\$15 or less	\$30	\$25	\$25
Preferred Brand Drugs	\$150 or less	\$70 or less	\$50 or less	0%	\$50	\$50
Non-Preferred Brand Drugs	50%	\$100 or less	\$100 or less	0%	30%	30%
Specialty Drugs	50%	50%	\$200 or less	0%	50%	50%
Out-Of-Pocket Maximum	\$9,200	\$9,200	\$7,800	\$9,200	\$8,000	\$5,000
Referrals	Not Required	Not Required	Not Required	Not Required	Not Required	Not Required

[LEARN MORE](#)

Know your plans.

View all plans available in Maine by scanning the QR code, including some very low cost plans, depending on your income.





Why choose Taro?

Get a health insurance plan
that actually puts you first.



Low premium, low deductible
health insurance plans that cover
all of your needs.



Get free care on **day 1**, before you
reach your deductible.



Large, high-quality network across the
entire state, including personalized
care with a doctor you love.

Ready to sign up?

It's easy to get started.

LEARN MORE ABOUT US



Our team is available by phone
at **(207) 210-3434**. Or visit our
website at tarohealth.com/maine.

SIGN UP FOR TARO



Enroll directly on tarohealth.com! You
may qualify for financial assistance via
CoverME.gov during the enrollment
process – in fact, most people do!



CALL YOUR BROKER

And ask them about Taro!

FOR EMPLOYERS

Get a customized quote to cover you and your employees!
Visit tarohealth.com/employers or ask your broker for more information.